



Cedric “Jamie” Rutland, MD
Vice President & Founding Member

Dr. Cedric “Jamie” Rutland, a Pulmonary and Critical Care Physician based in Southern California, received his medical degree and completed residency in Internal Medicine at the University of Iowa Carver College Of Medicine and the university of Iowa Hospitals and Clinics in Iowa City, IA. He continued to pursue his education at the University Of Kansas Medical Center specializing in Pulmonary and Critical Care medicine. He has been trained in some interventional pulmonary procedures and has a passion in immunology running an interstitial lung disease and severe asthma clinic in Southern California. He serves the Inland Empire and Orange County with his partners at Pacific Pulmonary Medical Group. He also is a National Spokesperson for the American Lung Association.

As Assistant Clinical Professor at the University of California Riverside, Dr. Rutland takes pride in training and mentoring students, nurses, and residents assigned to Riverside Community Hospital’s inpatient and outpatient settings.

In order to create a strong doctor-patient relationship, Dr. Rutland spear-headed “Medicine Deconstructed”, a Youtube channel designed to deliver a variety of medical topics in a manner which would be easily understood by those with a new medical diagnosis or not accustomed to medical terminology.

Dr. Rutland’s approach to practicing medicine is very much a personal one. His motivation for pursuing a medical career focused on pulmonary disease stems from his grandfather’s death during his first year of medical school. He tells you that each day he walks down the hospital hallways, he’s chasing down a bedside he knows he’ll never catch but is also so grateful for the ones he does.

Dr. Rutland is board certified in Internal Medicine, Pulmonary Medicine and Critical Care Medicine.

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